



# Measuring a Household-Sized Footprint

## LOCAL AUTHORITY PREVENTION DEMONSTRATION PROGRAMME

Households in Co Monaghan are working with Monaghan Co Co to measure their ecological footprint and to find ways to reduce it. A total of 11 households from Mullaghmatt have agreed to participate in the Household Prevention Programme.



Each household has filled out a questionnaire with the LAPD team that was designed to ascertain their current behaviour in relation to water, energy and environment. The householders have each received a Prevention Pack to help them become more efficient with waste, water and energy. The pack contains information and tips on waste prevention, a recycling bag, a reusable shopping bag, CFL bulbs, a battery recharger, environmentally friendly washing up liquid and an energy monitor.

Although household waste generation is dependent on lifestyle choices and therefore challenging to achieve, it is hoped that with increased awareness and tools provided by the LAPD team, the households will be able to achieve savings. In 2008 it is hoped to expand this project to include an environmental awareness campaign focusing on household waste prevention throughout the county..

Monaghan Co Co's initiative "Household waste prevention guide pilot project and prevention guide" is a 30-month project that began in July 2006. It is one of a programme entitled "Working Together to Prevent Waste in Co Monaghan". The programme has received €421,127 under phase 1 of the Local Authority Prevention Demonstration Programme.

For further information please contact  
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Why waste the planet? Think Prevention - SAVE something for the future!

National Waste Prevention Programme  
[www.prevention.ie](http://www.prevention.ie)

